## Child, Youth and Family Health Service

Services and support for infants, children and families

Mackay Child Youth and Family Health Service supports families with children aged 0 to 18 years.

## Our services include

- · Lactation clinics antenatal and postnatal
- Sleep 'day stay' service
- Immunisations
- Parenting groups
- Growth and developmental checks
- Home visiting
- Family wellbeing and support
- Indigenous health support
- Hearing clinic for 4 18 years
- Behavioural support and one-on-one Triple P consults
- Primary school vision screening
- School based health nurses
- Telehealth/phone consults

Other Child Services offered from Carlyle Community Health Centre include a Paediatrician, Allied Health and Midwifery.

Newborn	Newborn and family drop-in clinic Postnatal breastfeeding support	
2 Months	Developmental health check 1-2 visits every fortnight Early parenting group Immunisation	
4 Months	Developmental health check 1-2 visits every month Immunisation	
6 Months	Developmental health check 1-2 visits every 2 months Immunisation	
12 Months	Developmental health check Immunisation	
18 Months	Developmental health check Immunisation	
2 <sup>1/2</sup> - 3 Years	Developmental health check Triple P consults	
4 Years	Pre-Prep Developmental health check Hearing Clinic Triple P consults Immunisation	

## **Clinic details**

Centre	Day	Time
Andergrove Andergrove Community Centre	Appointment - Thursday	9.00am - 2.00pm
Eimeo clinic Goodstart Early Learning Eimeo	Appointment - Monday and Friday	9.00am - 11.30am
Sarina Sarina Hospital	Appointment - Wednesday	9.00am - 2.30pm
<b>Walkerston</b> Tommy Webster Hall	Appointment - Wednesday	9.00am - 2.30pm
Mackay Carlyle Community Health Centre	Drop In - Monday and Friday Appointment - Monday to Friday	8.15am - 11.30am 8.15am - 3pm
Immunisation Clinic - Mackay Carlyle Community Health Centre	Appointment - Tuesday	8.30am - 3pm

## Child Health nurse visit to local libraries (drop-in during school terms only)

Gordon White Library Thursday 10am - 11.30am Dudley Denny City Library Monday 10am - 10.30am Mirani Library Every second Tuesday 9.30am - 10.00am Sarina Library
Every second Tuesday
9.30am - 10.00am



